

JASLYN NARAYAN

EXERCISE PHYSIOLOGIST



About Me

Jaslyn has been an EP since 2024.

Jaslyn has been in the health & wellbeing field since early 2020. Prior to working with Built2Move, Jaslyn worked as an NDIS support worker which has honed her skills when it comes to working with our NDIS clientele.

Jaslyn also worked as an allied health assistant where she had the privilege of working with all individuals ranging from neurological clientele, intellectual disability and other complex cases.

Jaslyn has been playing a high level of soccer her whole life, and it is her favourite sport!

Specialties

- Soccer Rehab
- NDIS (Intellectual disability and Neurological Conditions)
- Women's Health
- Pregnancy Health

Mission Statement

Jaslyn has a strong interest in NDIS populations and women's health. Jaslyn is passionate about assisting people to achieve their maximum potential through movement and lifestyle change.



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